

**Down Syndrome**

**Indiana™**



# Upcoming Events!

February 2010

Join us for these **DSI** family fun activities.

*Down Syndrome Indiana is dedicated to enhancing the lives of individuals with Down syndrome. Our mission is to serve as a conduit of information, support and advocacy for individuals with Down syndrome and their families, which promotes growth and inclusion in the community.*

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[dsindiana.org](http://dsindiana.org)

[info@dsindiana.org](mailto:info@dsindiana.org)

317-925-7619 (f)

888-989-9255

317-925-7617 (d)

**Down Syndrome™**  
Indiana™  
2625 N Meridian St #49  
Indianapolis, IN 46208

A yellow five-pointed star with a simple smiley face inside, outlined in blue.



## February Events

### Self Advocates Meeting

**Tuesday, February 2, 2010 6:00 - 8:00 p.m.**

Featuring Betty Williams of the Arc of Indiana who will talk to us about what it means to be a part of the Self Advocates of Indiana. We will also be electing officers at this meeting. If you are interested in running for office, please prepare a 1 to 3 minute speech about why you would make the best candidate!

Location: Down Syndrome Indiana  
Marott Community Room  
2625 N Meridian St #49  
Indianapolis, IN 46208

For more information about nominations, contact Lisa Tokarz-Gutierrez, Executive Director, by e-mail at [lisa@dsindiana.org](mailto:lisa@dsindiana.org) or phone at (317) 925-7617.

R.S.V.P. for this event online, or by contacting Stephanie Glowner, Parent Support and Education Coordinator, by e-mail at [register@dsindiana.org](mailto:register@dsindiana.org) or phone (317) 925-7617.

### Cuenta Conmigo

**Wednesday, February 3, 2010 6:00 - 8:00 p.m.**

El grupo de apoyo para familias de niños con Síndrome de Down. Les invita a que participen a la reunión mensual. Tendremos presentadores especializados en el tema. Participe en la educación de sus hijos compartiendo con otras familias sus conocimientos, inquietudes y el deseo de aprender como ayudarle a su hijo/a en su aprendizaje y a crecer saludablemente. Habrá cuidado de niños.

Dónde: Down Syndrome Indiana  
2625 N Meridian St #49  
Indianapolis, IN 46208

Fecha: febrero 3, 2010

Si desea más información por favor llame a: Rita Cano 226-4743 ó 408-2633. ¡Les esperamos!

R.S.V.P. for this event online, or by contacting Stephanie Glowner, Parent Support and Education Coordinator, by e-mail at [register@dsindiana.org](mailto:register@dsindiana.org) or phone (317) 925-7617.

### D.A.D.S. Monthly Meeting

**Tuesday, February 9, 2010 6:30 p.m.**

Location: Loon Lake Lodge, 6880 E 82nd St,  
Indianapolis, IN, 46250

For more information about D.A.D.S. contact Ray Glowner at: [rayglowner@sbcglobal.net](mailto:rayglowner@sbcglobal.net). Visit D.A.D.S on the web at: [dadsnational.org](http://dadsnational.org)

### Raising Special Kids Down Syndrome Support Group

**Tuesday, February 9, 2010 6:00 - 8:00 p.m.**

Raising Special Kids is a Down syndrome support group formed in conjunction with Hillcroft Services, Inc. and

Down Syndrome Indiana to provide a network for families and caregivers in East Central Indiana. Meetings are held the 2nd Tuesday of each month from 6 to 7pm.

Location: Hillcroft Services  
114 East Streeter Av  
Muncie IN, 47303

Hillcroft and VSA Arts provide quality therapeutic programming for children of all ages for each monthly meeting. Therefore, reservations are required in order for us to plan accordingly.

R.S.V.P. for this event by contacting Debbie McCoy by e-mail at [slaterjomc@gmail.com](mailto:slaterjomc@gmail.com) or by phone at (765) 378-6728. Please include the name and age for each participant.

### South Side Parent Meeting

**Friday, February 12, 2010 6:30 - 8:30 p.m.**

Wear your favorite red shirt and celebrate Valentine's day with us. We'll have refreshments, play games, and dance to some fun music.

Location: Friedens United Church of Christ  
8300 South Meridian St  
Indianapolis, IN 46217-4943

The church is located at 8300 S. Meridian street. The church is south of Stop 11 and north of County line road on Meridian or also called route 135. No R.S.V.P. required.

### D.A.D.S. Lifetime Fitness Event

**Saturday, February 13, 2010 2:00 - 5:00 p.m.**

Dads, moms, and families join D.A.D.S. for a family evening of fun including pizza, swimming, rock climbing, gym games, and other activities. There is no charge for this event, D.A.D.S. will be picking up the tab.

Location: Lifetime Fitness  
8705 Castle Creek Parkway  
Indianapolis, IN 46250

R.S.V.P. for this event online, or by contacting Stephanie Glowner, Parent Support and Education Coordinator, by e-mail at [register@dsindiana.org](mailto:register@dsindiana.org) or phone (317) 925-7617.

### Mom's Night Out- 1st 25 Receive Free Dinner

**Tuesday, February 23, 2010 6:00 - 8:00 p.m.**

Moms join us on Tuesday February 23, 2010 for food, fun, sharing stories and the latest photos and milestones. Angie Everton will be our host.

Location: Shallo's in the County Line Road Mall  
8811 Hardegan St.  
Indianapolis, IN 46227  
(317) 882-7997

R.S.V.P. for this event online, or by contacting Stephanie Glowner, Parent Support and Education Coordinator, by e-mail at [register@dsindiana.org](mailto:register@dsindiana.org) or phone (317) 925-7617.

### MFDSN, Westside Special Needs, and LADSO

There are no meetings for these groups in February.